

VOL. 597

HOKKAIDO INTERNATIONAL WOMEN'S ASSOCIATION

OCTOBER 2024



October Calendar

T he weather has cooled, and it's a great time for sports. The Sports Day, Oct. 14 (Mon./hol.), promotes sports and mental health.

Shichi-Go-San is a traditional ceremony for the health and growth of boys (age 3 and 5) and girls (age 3 and 7). Typically held in November. Tt's held in Hokkaido in October because of the climate. Children wear kimonos and have commemorative photos taken.

In the lunar calendar, October is called "*kaminashizuki*" meaning that all the gods are off visiting Izumotaisha Shrine in Shimane Prefecture.

Harvest Season

H okkaido, where nature is bountiful, is said to be a land of harvests. Many agricultural foods are best in autumn.

Popular autumn vegetables of Hokkaido are potatoes, onions and pumpkins. Okadama-cho in Higashi-ku is famous for onion production. At supermarkets and JA farmers markets, *gokinjo-yasai* (neighborhood vegetables) are sold at low prices. *Takikomi-gohan* cooked with mushroom and seasonal vegetables is recommended. If you drive to the suburbs of Sapporo including Jozankei and Yoichi, you can pick fruit at many farms. Fresh and juicy apples and grapes can be eaten on the spot.

For seafood lovers, autumn salmon is a "must eat." Try various recipes using this low-fat fish, such as Ishikari-nabe hotpot, grilled salmon, and salmon cream stew. Also, we pickle *ikura* (salmon roe) in soy sauce. Enjoy local foods during the harvest season.



Ishikari-nabe hotpot

Events

Fall Foliage

It's the time to see the beautiful leaves. Jozankei is one of the most famous spots in Sapporo. The **Jozankei Nature Luminaire** (until Oct. 30, Minami-ku, Jozankei Onsen Nishi 4) and **Hoheikyo Dam** (Minami-ku, Jozankei 840) are popular for their magnificent scenery. **Kokusai Fall Festival** at Sapporo Kokusai Ski Resort (Minami-ku, Jozankei 937) will be held from Oct. 1 (Tue.) to 20 (Sun.). The colorful views from a gondola are special. •Info: Jozankei Tourist Association, **2**598-2012 <https://jozankei. jp/>



Sapporo Marathon

49th The Sapporo Oct. 6 Marathon will be held on Oct. 6 (Sun.). 7,000 runners have entered the half marathon and 4,500 have entered the 10-km marathon. To save the beautiful scenery of Sapporo, runners will bring their own cups, in order to avoid using disposable plastic cups. The half marathon will start at 9:30 a.m. at Makomanai Sekisuiheim Stadium in Minami-ku. There will be traffic restrictions from 8:35 to 11:20 a.m. along the route. •Info: Sapporo Marathon Jimukyoku, 2530-5562 <https://satumara.sapporo-sport.jp/>



Sauna City SapporoOct. 11-15Sapporo Chamber of
Commerce will hold a

big event for sauna lovers at Chateraise Gateaux Kingdom Sapporo (Kita-ku, Higashi Barato 132) from Oct. 11 (Fri.) to 15 (Tue.). There will be 12 different types of saunas such as mobile saunas and indoor saunas. Enjoy swimming in a pool and relaxing in the hot spa or the sauna. One-day tickets (weekend): ¥10,000 for age 18 and over. ¥7,000 for jr. and sr. high. ¥1,500 for elem. and under. •Info: Sapporo Chamber of Commerce, \$231-1330 < https://sauna -city-sapporo.com/>



Recycle Art Exhibition

Artworks made with Oct. 25-27 recycled materials by those of from elementary school students to adults will be selected and exhibited at the Chi-Ka-Ho underground walkway. The artworks are made from plastic bottles, clothes, newsprint and the like. Winners of the best recycled artworks will be chosen and awarded prizes by the judges. Date: Oct. 25 (Fri.)-27 (Sun.), 10 a.m.-7 p.m. Venue: Sapporo Ekimae-dori Underground Walkway Kita 3-jo Square. •Info: Recycle Art Exhibition Jikko-iinkai, 290-1112 < https://recy cle-art-exh.jp/>





Ishikari World Festival

22nd Ishikari The Oct. 27 World Festival will be held on Oct. 27 (Sun.), noon to 4 p.m. at Hanakawa Kita Community Center (Ishikari-shi, Hanakawa Kita 3-jo 2chome). There will be booths representing Greece, Vietnam, China, South Korea, Africa, Indonesia and JICA. Booths will feature fair trade products and Okinawan products. Come and experience different

cultures. Adm.: ¥200 for jr. high and over, ¥100 for elem., free for preschoolers and under. •Info: Ishikari International Association, **2**0133-62-9200 <http://www.npoiia.jp/wf.html>



Hokudai Gingko Avenue Hokudai Konyo-sai (gingko festival) will be held at Hokkaido University in late October or early November. Appreciate the glowing yellow leaves. The event is operated only by the students. Enjoy the illumination of gingko trees and stage performances. Address: Kita-ku, Kita 13, Nishi 5. Hokkaido University Campus. •Info: Hokudai Konyo-sai Jikko-iinkai, <http://konyousai.jp/>



Animation Festival

The 11th New Chitose Nov. 1-5 **Airport International** Animation Festival will be held from Nov. 1 (Fri.) to 5 (Tue.). It will introduce the culture of animations from various approaches through events such as competition, talk events, and exhibitions run by professional animators. This event aims to connect Hokkaido and the world through anime culture. Adm .: free. Venue: New Chitose Airport Terminal Bldg. 4F •Info: International Animation Festival Jikko-iinkai, 206-1280 < https:// airport-anifes.jp/>





Sapporo Star Festival

The Sapporo Science Center will celebrate the Star Festival. It will feature a quiz rally and a space travel show. Space goods will be on sale. Learn how to use a telescope, pilot a spaceship, make a plastic bottle rocket. Observe the stars at night. Date: Oct. 5 (Sat.) and 6 (Sun.), 3-8:30 p.m. Adm.: free. Venue: Sapporo Moerenuma Park, Glass Pyramid (Higashiku, Moerenuma-koen 1-1). Access: take Chuo Bus No. 26 from Asabu Subway Sta. (Namboku Line) to Moerenuma Park. •Info: Sapporo Science Center, 2892-5004

<https://www.ssc.slp.or.jp/event/single/175>







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For questions about daily life, procedures, or municipal facilities, contact the Sapporo City Call Center (SCCC) any day in English, Chinese, or Korean. Hours: 8 a.m.-9 p.m. 222-4894 <info4894@city.sapporo.jp>

City Government Website https://www.city.sapporo.jp Japanese, English, Chinese and Korean

Flea Markets

| Yumeichiba Atsubetsu (Atsubetsu-ku, Atsubetsu Chuo 1-5) | | | | | |
|---|--|--|--|--|--|
| A 2-min. walk from Shin Sapporo Subway Sta. (Tozai Line) | | | | | |
| Oct. 5 (Sat.), 13 (Sun.), 10 a.m.–1:30 p.m. | | | | | |
| Cancelled in case of rain. | | | | | |
| Nakajima Park Jiyu Hiroba (Chuo-ku, Nakajima-koen 1) A 5- | | | | | |
| min. walk from Horohira-bashi Subway Sta. (Namboku Line) | | | | | |
| Oct. 6 (Sun.), 14 (Mon./hol.), 20 (Sun.), 10 a.m.–1:30 p.m. | | | | | |
| Cancelled in case of rain. | | | | | |
| Ethical Marche at Nakajima Park (Chuo-ku, Nakajima-koen 1) | | | | | |
| Near Nakajima-koen Subway Sta. (Namboku Line) exit #3. | | | | | |
| Oct. 12 (Sat.), 13 (Sun.), 9 a.m.–5 p.m. | | | | | |
| Rain or shine | | | | | |
| Handmade Goods Market: hand to heart at SCARTS Mall A, | | | | | |
| B (Chuo-ku, Kita 1, Nishi 1) | | | | | |
| Oct. 19 (Sat.), 20 (Sun.), 11 a.m.–6 p.m. | | | | | |
| | | | | | |
| Secondhand Kimono Sale at SCARTS Mall A (Chuo-ku, Kita | | | | | |
| 1, Nishi 1) | | | | | |
| Oct. 28 (Mon.), noon–7 p.m. | | | | | |
| Oct. 29 (Tue.)–Nov. 2 (Sat.), 11 a.m.–7 p.m. | | | | | |
| Nov. 3 (Sun.), 11 a.m.–5 p.m. | | | | | |
| Antiques at Toyohira Shrine (Toyohira-ku, Toyohira 4-13) A | | | | | |
| 10-min. walk from Toyohira-koen Subway Sta. (Toho Line) | | | | | |
| Oct 27 (Sun) 9 a m - 3 n m | | | | | |

Oct. 27 (Sun.), 9 a.m.–3 p.m.



Plaza News

Sapporo International Communication **Plaza Foundation (SICPF)**

Free Professional Consultation

Date: Oct. 19 (Sat.), 1-4 p.m.



Lawyers, administrative procedure specialists and tax accountants give advice on resident status, legal issues, taxes, and so on. Reservations are required. Online consultations via Zoom are accepted. Venue: Sapporo International Communication Plaza. https://www.sapporo life.info/en/article/?id=31#id18a973e9503c1>

Disaster Prevention Day for Foreign Nationals

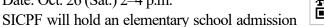
Date: Oct. 20 (Sun.) 9 a.m.-4:30 p.m. Visit the Sapporo Citizens Disaster Prevention Center to experience earthquake simulation, fire extinguishing and smoke evacuation simulation.



After that, move to an evacuation shelter and learn how to use disaster prevention goods. Try stretching exercises to prevent economy class syndrome. Adm.: free. Access: chartered bus from SICPF. Capacity: 40 foreign nationals and their family/friends. Apply from the website by Oct. 14 (Mon./hol.) <https://plaza.kjpro.ne.jp/?id=184>

Elementary School Entrance Guidance

Date: Oct. 26 (Sat.) 2-4 p.m.



information session about what elementary schools are like, how to enroll, and what to prepare. There will be time for parents to exchange information with each other and for their children to have fun experiencing school life. Venue: SICPF. Eligibility: foreign national parents and children who will enter elementary school in Sapporo from 2025. Apply from the website. <https://plaza.kjpro.ne.jp/?id=124>

Meetup for Parents and Children

Date: Nov. 16 (Sat.) 10:30 a.m.-noon.



This is an event for children with international backgrounds and their families to interact with each other. Expecting mothers are welcome to participate. English or Chinese-speaking staff and childcare volunteers are available. Venue: Horokita Kids' Hall (Kita-ku, Kita 17, Nishi 6) Reservation is required. https://plaza.kjpro.ne.jp/?id=85 **Sapporo International Communication Plaza**

Foundation (SICPF) •Facebook: <https://www.facebook.com/sicpf/>

- Multilingual Newsletter:
- <https://www.sapporolife.info/newsletter/english/>

SAPPORO HELP DESK for Foreign Residents

- •Address: Chuo-ku, Kita 1, Nishi 3, MN Bldg. 3F 211-3678
- https://www.sapporolife.info/en/article/?id=31

October Events Calendar

| Date | | Event | Date | | Event |
|------|--|---|------|-------------------------|--|
| 1 | Tue. | Koyo Gondola (until Oct. 20) | 16 | Wed. | |
| 2 | Wed. | | 17 | Thu. | |
| 3 | Thu. | | 18 | Fri. | |
| 4 | Fri. | | 19 | Sat. | |
| 5 | Sat. | Sapporo Star Festival (until Oct. 6) | 20 | Sun. | |
| 6 | Sun. | Sapporo Marathon | 21 | Mon. | |
| 7 | Mon. | | 22 | Tue. | |
| 8 | Tue. | | 23 | Wed. | |
| 9 | Wed. | | 24 | Thu. | |
| 10 | Thu. | | 25 | Fri. | Recycle Art Exhibition (until Oct. 27) |
| 11 | | Sapporo Game Camp (until Oct. 13) | 26 | Sat. | |
| | Fri. Sapporo Short Fest (until Oct. 14) | 27 | Sun. | Ishikari World Festival | |
| 12 | Sat. | Sauna City Sapporo (until Oct. 15) Universal Sports Festival | 28 | Mon. | |
| 12 | Sun. | | 29 | Tue. | |
| 13 | Mon. | Sports Day | 30 | Wed. | |
| 14 | Tue. | | 31 | Thu. | Jozankei Nature Luminaire ends |
| 13 | *Not all of these events are described in the Oct. issue | | | | |

This Month's Special

An to Cha to

Red beans paste and Japanese tea



This stylish café offers seasonal Japanese sweets made with red beans from Hokkaido and green tea from Shizuoka prefecture. Choose the sweets, the flavor, and tea (hot or cold) from the monthly menu. Enjoy a set of tea brewed by a certified Japanese tea instructor served with sweets (¥1,000). Takeaways for sweets and tea are available.

Open daily. Hours: 11a.m.−5 p.m. Shop open until 6 p.m. Address: Chuo-ku, Minami 3, Nishi 2, KT 3-jo Bldg. 1F ●Info: ☎351-6395 <https://antochato.com/>





HIWA News

HIWA Online Bazaar

HIWA is collecting used blankets and futons for sale to international students and their families. Contact us through the Facebook page below if you need them. https://www.facebook.com/WhatsoninSapporo/





•HIWA Info:

Sapporo L Plaza 2F Sapporo-shi Shimin Katsudo Support Center, office booth No. 3 (Kita-ku Kita 8, Nishi 3)

☎090-3848-8020 (Monday only, 10 a.m.–3 p.m.) E-mail : <hiwa20230601@gmail.com> <https://kokusaijosei.wixsite.com/hiwasince75>





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